

## BREAKFAST

**Pancake Plate.....\$6.99**

Two Pancakes, Two Eggs, Home Fries, Choice of Bacon or Sausage

**Substitute:** Toast for Pancakes

**The New Yorker.....\$4.99**

Bacon, Egg and Cheese on House Hard Roll

**Riko's Way.....\$6.50**

Croissant Sandwich- Bacon, Egg and Cheese, Lettuce, Tomato, Onion, Mayo, Avocado Puree

**Vegetable Hash.....\$8.99**

Two Eggs, Squash, Peppers, Onions, Home Fries

**Breakfast Burrito.....\$8.99**

Scrambled Eggs, Sausage, Potato, Cheddar Cheese, Peppers & Onions, Sour Cream, Avocado Puree

**Substitute:** Steak for Sausage.....\$10.99

**Tony's Fruit Roll - Up.....\$6.99**

Whole Grain Wrap with Peanut Butter, Banana, Strawberries, Blueberries, Honey (Seasonal Fruit) Add Bacon \$1.00

**Mac Sando.....\$7.50**

Fried Egg, Ham, Swiss Cheese, Lettuce, Sweet Chili, Siracha on a Hard Roll

### Fresh Selections Daily

English Muffin.....\$2.00

Bagel w/Cream Cheese.....\$3.50

Croissant.....\$2.50

### Grab and Go Items

Over Night Oats.....\$3.50

Breakfast Empanada.....\$4.00

Breakfast Pizza.....\$3.50

### **Coffee Bean Special**

Monthly on the  
9<sup>th</sup>, 19<sup>th</sup> & 29<sup>th</sup>  
\$9.99/Lb.

**Regular Price:....\$7.99/1/2 lb.....\$12.50/lb**

### **Fresh Bakery Goods**

## LUNCH

### Sandwiches

**Steak Burger.....\$13.00**

Farm Sourced Beef Patty, Cheddar Cheese, Bacon, Onion Jam, House Garlic Aioli, Bread and Butter Pickle on Brioche Bun with Fries

**Miami Style Cuban.....\$11.99**

Marinated and Roasted Pork Shoulder, Ham, Swiss, Pickles, House Garlic Aioli, Mustard on a Sub Roll

### Sandwiches/Wraps

**Turkey Club.....\$12.50**

Thick Cut Roasted Turkey Breast, Bacon, Tomato, Onion, Lettuce, Avocado Puree on White Bread or Wrap

**Chicken Sandwich.....\$12.50**

Marinated Fried or Grilled Chicken Cutlet, Bread and Butter Pickle, Tomato, Onion, Lettuce, House Garlic Aioli on a Brioche Bun or Wrap  
(Original, Caesar or Buffalo)

**Roast Beef.....\$13.50**

Prime Rib Style Roast Beef, House Horseradish Aioli, Sliced Onion, Onion Jam on Wick Roll or Wrap with Au Jus

**Pork Katsu.....\$9.99**

Quick Cabbage Pickle, Marinated Deep Fried Pork Cutlet, House Garlic Aioli on White Bread or Wrap

## FISH (Friday's Only)

**Rochester Fish & Chips.....\$12.99**

Beer Battered Deep Fried Haddock, Fries, Coleslaw, B&B Tartar, Roll

**Grinds Fish Fry Sandwich.....\$10.99**

Beer Battered Haddock, Lettuce, Tomato, Tartar, Bread and Butter Pickle, Brioche Bun

**Chowder Bowl.....\$5.99**

## SOUP & SALAD

### Salads

**Japanese Steak House Salad.....\$9.99**

Creamy Soy Ginger Dressing and Seasonal Vegetables

**Red Boat Caesar.....\$8.99**

Romaine Lettuce, Shaved Parmesan, Charred Croutons

#### **Add Grilled Proteins:**

Chicken Breast.....\$5.00

Chicken Quarter.....\$3.50

Steak.....\$7.00

### Homemade Soups

(Various - Made Fresh Daily)

Cup.....\$3.99

Bowl.....\$4.99

## Kids Menu

(12 Years old and younger)

Fried Mozzarella Caprese Sandwich.....\$8.50

Chicken Salad Sandwich.....\$7.99

Tuna Salad Sandwich.....\$7.99

Grilled Cheese Sandwich.....\$4.99

Turkey or Ham Sandwich.....\$6.99

Tony's Fruit Roll - Up.....\$4.99

## Sides

Steak Fries.....\$2.50

Side Winder Beer Battered Fries.....\$3.50

Side Salad.....\$4.99

### **Available for Purchase:**

Gift Cards

Travel Mugs

Tee Shirts

Long Sleeve Shirts

## Coffee

Hot or Iced, Assorted Flavors

Small.....	\$2.00
Medium.....	\$2.50
Large.....	\$2.80

## Latte-Cappuccino-Macchiato

Hot or Iced

Small.....	\$3.75
Medium.....	\$4.00
Large.....	\$5.00

## Americano

Hot or Iced

Small.....	\$2.25
Medium.....	\$2.80
Large.....	\$3.20

## Substitutes:

Almond Milk.....	\$.75
Oat Milk.....	\$.85
Flavor Shot.....	Per Shot \$.75
Espresso Shot.....	\$1.50

## Assorted Brew Teas

Hot or Iced

Small.....	\$2.75
Medium.....	\$3.00
Large.....	\$3.25

## Chai Latte

Small.....	\$3.75
Medium.....	\$4.00
Large.....	\$4.25

## Non-Coffee

Vanilla Steamer

Hot Chocolate

White Hot Chocolate

Peppermint Hot Chocolate

Frozen Drinks (Topped w/whipped cream)

Coffee Free Vanilla Bean/ Chocolate/Chocolate Chip

Small.....	\$2.90
Medium.....	\$3.25
Large.....	\$4.00

## Smoothies.....\$5.00

Strawberry

Strawberry Banana

Blueberry Pomegranate

Strawberry Banana Mango

Wild Berry (Strawberry, Blueberry, Chocolate Banana)

Green Power Machine

Scoop Protein Powder.....\$2.00



We Support  
Local Farmers

Breakfast  
Lunch  
Soup  
Pastries  
Coffee  
Dessert  
Salads  
Smoothies  
Fresh Fruit

Ask for our  
Catering Menu

122 West Avenue  
Brockport, NY 14420

585-431-3270

[www.grinds122.cafe.com](http://www.grinds122.cafe.com)

# Menu

