

# BREAKFAST

- Egg & Cheese Sandwich.....\$3.99**  
On Choice of Bread  
Add Bacon or Sausage... \$1.00
- Mac Sando.....\$6.50**  
Fried Egg (over medium), Ham, Swiss Cheese, Shredded Lettuce, Diced Onion, Siracha, Sweet and Sour Blend
- Grinds Breakfast Wrap.....\$6.99**  
Eggs, Scrambled, Turkey Bacon, Pesto, Tomato on Whole Grain Toast or Wrap
- Tony's Fruit Roll – Up.....\$5.99**  
Whole Grain Wrap with Peanut Butter, Banana, Strawberries, Blueberries, Honey (any seasonal fruit) Add Bacon \$1.00
- Eagle's Nest.....\$6.99**  
Egg Over, cooked in Italian Bread with Potatoes, Choice of Ham, Bacon or Sausage
- Breakfast Bowl.....\$7.99**  
3 Eggs Scrambled, Hash Browns, Roasted Zucchini, Yellow Squash, Onions, Choice of Bacon or Sausage
- Fresh Selections Daily**
  - English Muffin \$2.00
  - Bagel w/Cream Cheese \$3.00
  - Croissant \$2.50

# LUNCH

## Sandwiches/Wraps

(Served with Chips & Pickles)

- Turkey BLT Club.....\$9.99**  
Roasted Turkey with Bacon, Lettuce, Tomato, Mayo, Choice of Bread
- Ham & Swiss.....\$8.99**  
Virginia Baked ham & Swiss cheese, with Lettuce & Mayo, Choice of Bread
- French Onion Roast Beef.....\$9.99**  
Fresh Roasted (on site) prime cut Roast Beef with Swiss Cheese, Caramelized Onions and Horseradish Mustard with Garlic Aioli on a Ciabatta Roll
- Classic Reuben.....\$9.99**  
Choice of Corned Beef or Turkey, Sauerkraut, Swiss Cheese, Thousand Island Dressing on Marble Rye

- Roast Chicken Salad Sandwich.....\$8.99**  
Fresh Roasted Chicken, Lettuce, Tomato, Choice of Bread
- Meatball.....\$8.99**  
Homemade Meatballs with "Sunday" Sauce, Topped with Mozzarella Cheese on an Italian roll
- Tuna Salad Sandwich.....\$7.99**  
Albacore Tuna, Celery, Onion, Mayo, Lettuce, Tomato, Choice of Bread or Wrap
- Egg Salad/Egg & Olive.....\$4.99**  
Fresh Hard Boiled Eggs with Mayo, Lettuce, Choice of Bread or Wrap (Green Olives Optional)
- Roasted Turkey.....\$9.99**  
Roasted Turkey, Provolone, Tomato, Roasted Red Peppers, Romaine & Garlic Aioli
- Roasted Veggie Wrap.....\$8.99**  
Red Roasted Pepper, Zucchini, Yellow Squash, Onion, served with Fresh Spinach & Garlic Aioli
- Buffalo Chicken Wrap.....\$9.99**  
Grilled Chicken our homemade Buffalo Sauce, Shredded Lettuce, Cheddar Cheese, Blue Cheese Dressing
- Grilled Chicken Caesar Wrap.....\$9.99**  
Grilled Chicken Crunchy Romaine, Shredded Parmesan Caesar Dressing

## Panini

(Served with Chips & Pickles)

- Caprese.....\$8.99**  
Fresh Mozzarella Cheese, Vine Ripe Tomatoes, Fresh Basil with Pesto Mayo
- Cuban.....\$9.99**  
Shaved Virginia Baked Ham, Shredded Pork Butt, Swiss Cheese, Pickle, Mustard, on Medium Sub Roll
- Bistro Turkey.....\$8.99**  
Roasted Turkey, Provolone Cheese, Roasted Red Peppers, Lemon Garlic Aioli
- Marinated Portabella.....\$8.99**  
Portabella Mushroom, Roasted Red Pepper, Provolone Cheese, Fresh Spinach, Lemon Garlic Aioli
- Classic Grilled Cheese.....\$5.99**  
Sharp Cheddar Cheese, Choice of Bread  
Add Tomato \$.50 Add Bacon \$1.00

### Available for Purchase:

- Gift Cards    Travel Mugs
- Tee Shirts    Long Sleeve Shirts

# Salads

- Classic Caesar.....\$8.99**  
Fresh Romaine Lettuce, Shaved Parmesan Cheese, Homemade Croutons, Tossed with Caesar Dressing  
Add Grilled Chicken.....\$1.50
- Caprese.....\$7.99**  
Sliced Tomatoes, Mozzarella, Pesto drizzled with Balsamic Glaze, Garlic and Oil, Served on a Bed of Mixed Field Greens
- Fresh Garden Salad.....\$7.99**  
Romaine, Field Greens, Tomato, Onion, Croutons with Balsamic Vinaigrette  
Add Grilled Chicken...\$1.50
- Asian Salad.....\$9.99**  
Fresh Spring Mix, Mandarin Oranges, Craisins, Chinese Noodles, Served with Sesame Ginger Dressing  
Add Grilled Chicken...\$1.50

## Homemade Soups

(Various – Made Fresh Daily)

- Cup.....\$3.99                      Bowl.....\$4.99

## Kid's Menu

(served with Chips & Pickles)

- 1 Egg, 1 Bacon, 1 Toast.....\$3.50**
- PB & J.....\$3.99**
- Turkey or Ham Sandwich.....\$4.99**  
Turkey or Ham, American Cheese, Mayo, White Bread
- Grilled Cheese.....\$3.99**  
American Cheese on White Bread

**(Fridays Only 11 am – 7 pm)**

- Fish Fry.....\$10.95**  
Served with Steak Fries & Coleslaw
- Fish Sandwich.....\$8.50**  
Served on a Hard Roll with Lettuce & Tomato  
Add Steak Fries \$1.50
- Coffee Bean Special**  
**\$9.99/Lb. Coffee on the 9<sup>th</sup>, 19<sup>th</sup> & 29<sup>th</sup>**  
**Regular Price: \$7.99/1/2 Lb.    \$12.50/Lb.**

## Coffee

1.75/2.10/2.30

Small, Medium, Large/Hot or Iced  
Assorted Flavors

**Latte** 3.25/3.80/4.35

Small, Medium, Large/Hot or Iced

**Cappuccino** 3.25/3.80/4.35

Small, Medium, Large/Hot or Iced

**Americano** 1.75/2.10/2.30

Small, Medium, Large/Hot or Iced

**Macchiato** 3.25/3.80/4.35

Small, Medium, Large/Hot or Iced

### Substitutes:

Almond Milk

Soy Milk

Breve (Half & Half)

Flavor Shot \$0.75 per shot

Espresso Shot \$1.50

## Non-Coffee

Vanilla Steamer Hot Chocolate

White Hot Chocolate

Peppermint Hot Chocolate

Frozen Drinks (Topped w/whipped cream)

Coffee Free Vanilla Bean/  
Chocolate/Chocolate Chip

**Teas** 2.00

Assorted Brew Teas (Hot or Iced)

Chai Latte 3.50/3.75/4.00

**Smoothies** 4.25

Strawberry, Strawberry Banana,

Blueberry Pomegranate,

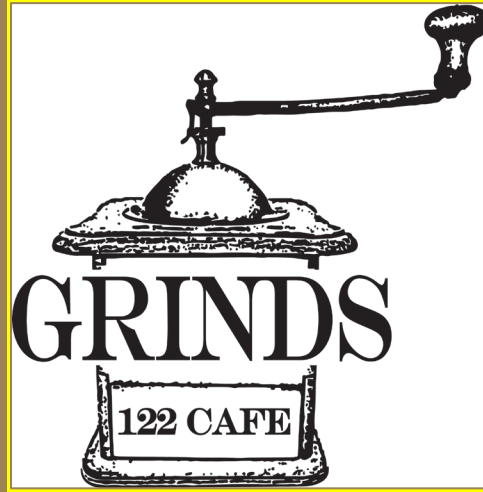
Strawberry Banana Mango,

Wild Berry (Strawberry, Blueberry,

Chocolate Banana)

Green Power Machine

Add: Scoop Protein Powder \$1.50



We support Local Farmers

**Breakfast**

**Lunch**

**Soup**

**Pastries**

**Coffee**

**Dessert**

**Salads**

**Smoothies**

**Fresh Fruit**

**Ask for our Catering Menu**

122 West Avenue  
Brockport, NY 14420

**585-431-3270**

[www.grinds122.cafe.com](http://www.grinds122.cafe.com)

Updated 01/2021



**Menu**

